

New Life Christian Fellowship

Spending cuts, job losses, reports that: "the poorest will be hit the hardest", these things can lead to worrying.

You may feel that things are hopeless, today I want to share the hope of God's Good News with you.

Perhaps you can empathise with Jesus' followers who lost hope when Jesus was killed. Watching him being whipped and nailed to a cross, thinking: "Is this our God? Why doesn't he do something!!" They hid in a locked room. Fear had replaced faith. They had forgotten God's promises.

Three women went to embalm Jesus' body, they too had lost hope. But the tomb was empty. Two men in gleaming clothes appeared saying:

"Why do you look for the living among the dead? He is not here; he has risen! Remember how he told you, while he was still with you in Galilee: 'The Son of Man must be delivered into the hands of sinful men, be crucified and on the third day be raised again.' " (The Bible Luke 24:5-8)

Then they remembered. They began to hope again. This hope spread . Fear turned into faith.

The Bible has many accounts of Jesus being alive again. He spoke, ate and talked with his followers. They saw his scars and remembered God's promises: "by his wounds we are healed."

Things may seem hopeless. Everything here will not last forever, but there is one who can give you hope. He has the power to set you free from hurts, fear and wrongs. But you have to start to trust him. This is God's Good News.

Regarding worry Jesus said, ".I tell you not to worry about everyday life — whether you have enough food to eat or enough clothes to wear. For life is more than food, and your body more than clothing. Look at the ravens. They don't plant or harvest or store food in barns, for God feeds them. And you are far more valuable to him than any birds! Can all your worries add a single moment to your life? And if worry can't accomplish a little thing like that, what's the use of worrying over bigger things?" (Luke 12:22-26)

When you loose hope, talk to Jesus. Tell him all your concerns, he is waiting to hear from you today.

New Life Christian Fellowship meet in Kilgetty Community Centre, 10.45am on Sundays. Please call if you want someone to talk to or pray for you. 01834 831533 / 07827 293781.